

YOU WILL BEAT THIS: DETOX STAND-IN REGIMEN



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WILL
BEAT THIS

Disclaimer: I'm required to tell you that I am not a doctor; I'm not legally licensed to practice medicine; and that the following is provided only for "educational reference." I am not permitted to add to this disclaimer the reminder that these are the greatest and most powerfully concentrated steps taken by virtually all of the cancer killers/healers who we have studied.

WHY / ABOUT DETOX:

REMEMBER! Detox is the common link. Environmental Toxins are the common link in virtually all cases of cancer and their healing.. **What is presented below is simply the most direct, most efficient, and most guaranteed path toward the same beautiful outcome. YOU WILL BEAT THIS!**

I will be with you every step of the way.

Remember that you should adhere diligently to the 'pre-tox' regimen for at least two weeks before beginning the detox plan as outlined below. **Most detoxes fail because they do not serve, in proper proportion, the essential flow of chelation, binding, and elimination.** This protocol works to carry this balance as effectively as possible.

Also remember to walk into the detox gradually, beginning with two or three components at a time. The detox plan will FIRST be presented as "full steam ahead." Second, the same plan will be presented in a more gradual, 'easing in' flow. 'Easing in' this way is important in case you find that one detox component in particular causes a detox reaction that you would prefer to moderate or modulate. **Keep in mind** that any strong detox reaction almost certainly is an indication that this compound in particular is ultra-necessary for you to thoroughly detox; but there's no reason to put yourself through too much at once (ie, skin rashes, brain fog, emotional flares, or extreme lethargy). There's no reason why you can't ease in even further (by diving the dose of the offending compound, or going every 3rd day, then every other day) until you can comfortably hit 'full steam ahead.' Finally, please do not consider yourself as having officially started your detox until you are on the 'full steam ahead' regimen. At that point, mark your calendar for 3 Months and keep to the plan diligently until this time has passed.

ELIMINATING 80%+ OF THE HEAVY METALS AND CHEMICALS FROM YOUR BODY WILL REQUIRE THAT YOU FOLLOW THIS REGIMEN FOR 3 MONTHS.



NOTE: "EMPTY STOMACH" implies 2 hours after eating, and 30 minutes before eating.

NOTE: There are no 'affiliate' links in this document; any brand can be substituted provided it's been vetted for purity and efficacy.

NOTE: The full cost of this regimen/plan will be around \$630. This covers 3 months of intensive detoxification that removes decades of bioaccumulated heavy metal and chemical toxins. This is \$7 a day. If this is too much: beg, borrow, or steal. Sell your furniture. This is that important. THAT SAID, if this amount is simply not possible for you, lower-priced supplements are possible. We are working on vetting these lower-cost options, but it's difficult: many cheaper brands do not adhere to the same quality standards that the ones listed follow. Don't save \$200 only to waste \$400 (and your time and health) on less effective supplements if at all possible.

HOW TO DETOX – DO THIS THROUGHOUT YOUR DETOX.

In the following two sections of this detox plan, the Chelation and Binding elements of the 8 most successful detoxification supplements ever isolated are presented to you. Chelation and Binding are only 2 of the 3 elements of a successful detox. The third is Elimination. You see, once toxins have been successfully chelated (or 'extracted') from your cellular tissue, they must be bound to compounds known as binders – or else they will simply 'rain back down' into other (formerly healthy) cells and tissue, creating more oxidative damage that must then be healed. With sufficient binders already in your system, this won't happen. However, no binder can retain a toxin indefinitely, and most Americans suffer from problems related to Elimination. The full **YOU WILL BEAT THIS** program will guide you through correcting your elimination pathway; a very important part of this is to correct LEAKY GUT SYNDROME. I will work with you one-on-one for this, until our Gut Rebuild Protocol is ready. For now, we at least want to improve the speed / efficiency of your bowels until you're having 1-3 "long, snake-like" bowel movements per day, with food passing through your body within about 30 hours (40 hours max). To accomplish this, do the following:

For now:

BEGIN WITH WARM-WATER COLON CLEANSING "Hydrotherapy" sessions until your provider/practitioner deems your colon sufficiently cleaned. This will probably require between 1 and 3 sessions, but might require as many as 10.

next:

Eat as many raw, leafy greens as you can to keep up fiber and enzyme intake.

FINALLY:

WORK WITH ME TO TEST (and, if needed) TO CORRECT YOUR LEAKY GUT. This is extremely important.

HOW TO DETOX – DO THIS THROUGHOUT YOUR DETOX.

During your detox, you can support your body's elimination pathways by doing as much of the following as is possible:

- Eating a raw, vegan diet. (Stick to grass-fed, grass-finished meat that is not burned or charred if you choose to eat meat. Truly free-range eggs carry a much lower toxin burden than red meat).
- Drinking dandelion/burdock root tea.
- Taking magnesium and baking soda baths a few times per week.
- Ice baths, if possible.
- Sauna 1, 3, or even 7 days a week if you're up for it. (Stay hydrated and salty!)
- Ultrasonic foot baths with detox salts.
- Focused, deep breathing sessions.
- **CONTINUE WITH THE PRE-TOX PROTOCOL AS DEFINED IN OUR STAND-IN PRE-TOX PROTOCOL ALONG SIDE THIS DETOX REGIMEN.**

HOW TO DETOX – The FULL STEAM AHEAD Plan.

1

Iodine

*Order 1 bottle.

Iodine is one of the more important and often one of the more insufficient elements for/within the human body.

Take 3 drops daily with or without food.

2

Zeolites

*Order one canister.

Zeolite is a nanoparticle reduction of highly alkaline volcanic ash. As it moves through your system, these strongly negative-charged particles magnetically attract the positively-charged heavy metals, in particular Lead, Aluminum, Cadmium, Copper, Chromium, and Nickel.

Take 1 scoop daily with or without food. It will not mix with water; swirl and drink, adding more water to the glass until you've consumed the full scoop.

3

Soil Based Organisms (A Particular type of Probiotic).

*Order 2 bottles

Take two capsules per day, with or without food.

HOW TO DETOX – The FULL STEAM AHEAD Plan.

4

PectaClear

*Order two bottles.

This world-class blend of modified citrus pectin and modified Alginate is possibly the best-yet derivative for chelating and binding from our systems some of the most harmful industrial chemicals, radioactive ions, and heavy metals (particularly Mercury, Arsenic, and Lead).

Take 3 capsules twice per day on an empty stomach. The first three should be taken upon waking; the second 3 should be taken before bed.

5

Organic Chlorella

*Order one bag.

The most heavy-hitting, broad-reaching, deep-grabbing detoxicant whose uses are still not fully understood. A life-saving natural compound that draws virtually all of our worst 36 known industrial chemicals (including the formerly confounding dioxins and PCBs) and nearly all heavy metals.

Take 12 tablets daily, all at once, with or without food.

HOW TO DETOX – The FULL STEAM AHEAD Plan.

6

Concentrated Multiform Cilantro Tincture by HMD

*Order 3 bottles for a 3 month supply.

Corriandrum Satvium works synergistically with the other elements of this detox plan to effectively draw and bind Lead, Mercury, Aluminum and other heavy metals from the body, and also chemical compounds that have formerly been considered difficult to eliminate, such as neurotoxins, phthalates, plasticizers, and insecticides.

Take 45 drops (one slightly less than full dropper) 3 times per day, ideally on an empty stomach. (First thing in the morning, before dinner, and then before bed.)

7

Shilajit

*Order 3 containers.

This trace mineral compound contains virtually all trace minerals, trace vitamins, and amino acids displaced by bioaccumulated toxins. Having these freely available in the body offers cells and tissue 'permission' to let go of heavy metals that the chelators are attempting to extract.

Take 2 capsules daily, with food.

HOW TO DETOX – The FULL STEAM AHEAD Plan.

8

GlyphoDetox

*Order 2 containers.

This purpose-built compound uses non-modified citrus pectin, alginate, fulvic minerals, and a specially-tuned blend of kelp derivatives to remove the most prevalent carcinogenic pesticides from our systems. This needs only be taken for 2 months to be effective.

Take 2 capsules daily, with the PectiClear for maximum synergistic effect.

NOTES ON ORGANIC TOXINS:

Organic toxins describe pathogenic bacteria, viruses, fungi, or their byproducts (ie, fungal mycotoxins).

One of the most common sources of this kind of cancer-causing infection is dental cavitations. If you have had any root canal or tooth extraction procedures, get in touch with a biological dentist (such as Dr. Nunnally in Austin, TX) and ask how to proceed. His office will want a 2D panoramic x-ray of the mouth (approx \$120), and they will provide an otherwise free consultation that will help determine whether you need to have a small surgical procedure to clean the infection from these old cavitations.

Fungal infections (or even parasitic infections) of the GI tract are yet another potential source of carcinogenic byproducts. Another detox protocol for organic toxins will be provided in the full YouWILLBeatThis regimen, but for now, you may consider a course of Fenbendazole ([link](#)). This controversial drug is gaining widespread popularity with an increasingly large anecdotal pool of testimonials for helping people to heal from cancer. We have not thoroughly researched this drug yet, but if we were freshly diagnosed, we would try it. Its likely mechanism of action is related to its anti-fungal properties. Search elsewhere for recommended courses / protocols specifically for the use of this drug.

HOW TO DETOX – EASE IN Plan.

For the first week, begin taking the SBO Probiotics, Iodine and Chlorella.

On the second week, add in the Zeolites and Shilajit.

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**YOUR DETOX
HAS NOW BEGUN.**
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At the beginning of the third week, add in the Cilantro HMD tincture and PectiClear.

Finally, begin the GlyphoDetox at the beginning of the Fourth week

FINAL NOTES ON DETOX:

Plan to do this for 3 months.